



## CONSENT FOR TELEMENTAL HEALTH SERVICES

Client's Name: \_\_\_\_\_

“Telemental health” means, “provision of mental health services with the provider and recipient of services being in separate locations, and the services being delivered over electronic media.”

- ❖ You will need access to certain technological services and tools to engage in telemental health-based services.
- ❖ It is possible that receiving services by telemental health will turn out to be inappropriate for you and that the therapist may cease services by telemental health.
- ❖ The therapist follows best practices and legal standards in order to protect your health care information, but you will be responsible for creating a safe and confidential space during sessions. You should use a space that is free of other people. It should be difficult or impossible for people outside the space to see or hear the interactions with the therapist during the session. If you are unsure of how to do this, please ask the therapist for assistance.
- ❖ Gabriel Group Counseling does not give consent to record video or audio sessions. The therapist will not record video or audio sessions. Recordings can quickly and easily compromise privacy.
- ❖ The mental health provider responsible, \_\_\_\_\_, has explained to me the general nature and extent of the risks involved in treatment via telemental health services. I hereby give my consent to receive treatment via telemental health.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date